

# [WEEKLY MENU]



Week 1

Weeks Commencing: Mon 30th Aug - Mon 20th Sept - Mon 11th Oct - Mon 8th Nov - Mon 29th Nov



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chicken Nuggets with BBQ Sauce (CE, G)	Chicken & Pesto Pizza (G, MK)	Roast Turkey, Stuffing & Roast Gravy (G)	Chilli Con Carne (CE, G)	Baked Battered Fish with Ketchup (F, G)
Vegetarian Dish of the Day	Roasted Root Vegetable Pasta Bake (CE, G, MK)	Veggie Supreme Pizza (G, MK)	Chickpea & Vegetable Loaf (CE, G, SO)	Vegetable & Bean Chilli (CE, G)	Vegetarian Burger with Tomato Ketchup (G, SE)
Fish Dish of the Day	Seafood Goulash (CE, F, SU)	Seafood Paella (CE, F, MU)	Seafood Mac & Cheese (F, G, MK)	Fish & Vegetable Curry (CE, E, G, MK)	Chef's Special
Vegetable Choice	New Potatoes Sweetcorn Baked Beans	Seasoned Wedges (G) Green Beans Sweetcorn	Baby Roast Potatoes Medley of Seasonal Vegetables	Steamed Rice (CE) Carrot & Broccoli	Chipped Potatoes Baked Beans Seasonal Vegetables
Dessert of the Day	Apple Fruit of the Forest Crumble with Custard (G, MK)	Eve's Pudding & Custard (E, G, MK)	Cinnamon Swirl & Caramel Sauce (G, MK)	Sicilian Lemon Cake with Honey Greek Yoghurt (E, G, MK, SU)	Winter Berry Cheesecake (E, G, MK, SO)
Cold Selection	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

St Gildas

Info@olivedining.co.uk

