## LIVE EN MEN WEEK 2

Weeks Commencing: Mon 25th Apr - Mon 16th May - Mon 13th Jun - Mon 4th July

		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Dish of the Day	Chinese Chicken Noodles (CE, E, G, MU*, SO	Pepperoni Pizza (G, MK)	Roasted Garlic & Thyme Turkey	Chicken Fajitas (CE, G, MK)	Baked Battered Fish  KetChup (F, G)
	Vegetarian Dish of the Day	Sweet & Sour Quorn (CE, E)	Cherry Tomto ↓ Basil Pizza (G, MK)	Piri Piri Quorn Fillets (CE, G)	Quorn & Bean Buritto (CE, E, G, MU)	Macaroni Cheese (G, MK)
	Fish Dish of the Day	Seafood & Dill Pasta Bake (CE, F, G, MK)	Fish & Vegetable Dhal (CE, F, G*)	Fishermans Pie (F, G, MK)	Seafood Arrabiatta (CE, F, G)	Chefs Special
	Vegetable Choice	Steamed Rice Wok Fried Greens	Seasoned Wedges Seasonal Vegetables	Baby Roast Potatoes Medley of Seasonal Vegetables	Mexican Rice Salad (SU) Roasted Corn Ribs	Chipped Potatoes Baked Beans Garden Peas
	Dessert of the Day	Banoffee Pie (G, MK)	Pancakes with Summer Fruit Compote (E, G, MK)	Chocolate Beetroot Brownie & Chocolate Sauce (E, G, MK, SO)	Strawberry Eton Mess (E, MK)	Belgian Waffle with Chocolate Sauce (E, G, MK, SO)
-	Cold Selection	Salad Bar Home Baked Breads (G,SO) Fresh Fruit	Salad Bar Home Baked Breads (G,SO) Fresh Fruit	Salad Bar Home Baked Breads (G,SO) Fresh Fruit	Salad Bar Home Baked Breads (G,SO) Fresh Fruit	Salad Bar Home Baked Breads (G,SO) Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds = May Contain

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