

# [WEEKLY MENU]



Week 1

Week Commencing: Mon 15th Apr - Mon 6th May - Mon 3rd Jun - Mon 24th Jun - Mon 15th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Butter Chicken Curry (G*)	Beef Burger & Homemade Potato Wedges (G, SE*, SO)	Roast Chicken & Gravy	Beef Lasagne (E*, G, MK)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Vegetable & Lentil Korma with Rice (CE, G*, MK)	Vegetable Bean Burger & Homemade Potato Wedges (G, SE*)	Roasted Vegetable Filo Parcel & Homemade Tomato Sauce (CE, G)	Roasted Vegetable Lasagne (E*, G, MK)	Cheesy Calzone (G, MK)
Vegetable Choice	Seasonal Vegetables	Baked Beans or Coleslaw (E, MU)	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Green Salad & Coleslaw (E, MU)	Beans or Peas
Dessert of the Day	Selection of Fruit Mousse (MK)	Honey & Raisin Flapjack (G)	Apple Crumble & Custard (G, MK)	Pineapple Upside Down Cake (E, G, MK)	Ice Cream (MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				

## Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds \* = May Contain

St Gildas/St Peters  
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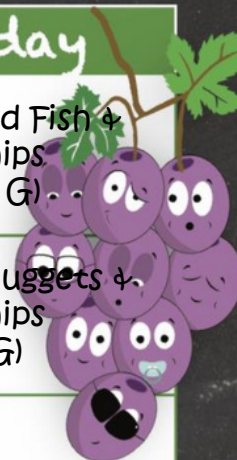
# [WEEKLY MENU]



Week 2

Week Commencing: Mon 22nd Apr - Mon 13th May - Mon 10th Jun - Mon 1st Jul - Mon 22nd Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chicken & Tomato Basil Pasta (G, MK)	Chicken Hot Dog (CE, G, SE*, SO*, SU)	Roast Beef & Gravy	Caribbean Chicken Curry	Battered Fish & Chips (F, G)
Vegetarian Dish of the Day	Tomato & Basil Pasta (CE, G)	Quorn Hot Dog (E, G, SE*)	Summer Vegetable Quiche & Nut Free Pesto (E, G, MK)	Jerk Vegetable Wrap (CE, G)	Vegan Nuggets & Chips (G)
Vegetable Choice	Garlic Bread and Green Salad (G, MK)	Homemade Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Seasonal Vegetables	Jamaican Rice & Peas	Beans or Peas
Dessert of the Day	Banana Sponge with Vanilla Sauce (E, G, MK)	Lemon Meringue Pie (E, G)	Classic Jam Sponge & Custard (E, G, MK, SO*)	Apple Traybake (E, G, MK*)	Chocolate Orange Sponge with Chocolate Sauce (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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# [WEEKLY MENU]



Week 3

Week Commencing: Mon 29th Apr - Mon 20th May - Mon 17th Jun - Mon 8th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chinese Chicken Noodles (CE, E, G, SO)	BBQ Chicken Pizza (G, MK)	Roast Turkey & Gravy	Butchers Sausage & Crushed Potato with Gravy (CE, G, MK, SO, SU)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Chinese Vegetable Stir Fry Noodles (E, G, SO)	Margherita Pizza (G, MK)	Veggie Shepherdess Pie (CE, MK)	Veggie Sausage & Crushed Potato with Gravy (G, MK)	Mac & Cheese (G, MK)
Vegetable Choice	Stir Fried Greens	Seasoned Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Seasonal Greens	Beans or Peas
Dessert of the Day	Lemon Drizzle Cake (E, G, SU)	Carrot Cake Traybake (E, G, MK*, SO)	Iced Vanilla Sponge (E, G)	Dutch Apple Tart (E, G, MK)	Double Chocolate Chip Cookie (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				

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