

# WEEKLY MENU

 WEEK 1  
 WEEK 2  
 WEEK 3


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	SPAGHETTI BEEF BOLOGNESE (G/W)	PEPPERONI PIZZA (MK, G/W)	ROAST CHICKEN & GRAVY	CARIBBEAN CHICKEN CURRY & RICE	FISH FINGERS & CHIPS (F, G/W)
<b>VEGGIE</b>	VEGETABLE BOLOGNESE WITH SPAGHETTI (G/W) V	MARGHERITA PIZZA (MK, G/W)	CHEESE & TOMATO PASTY (E, MK, G/W)	CARIBBEAN VEGETABLE CURRY & RICE V	VEGAN NUGGETS & CHIPS (G/W) V
<b>SIDES</b>	GARLIC BREAD & GREEN SALAD (MK*, SO*, G/W)	SEASONED POTATO WEDGES & BAKED BEANS (G/W)	RUSTIC ROAST POTATOES & MEDLEY OF SEASONAL VEGETABLES S	GREEN BEANS & CAULIFLOWER S	BEANS OR PEAS
<b>PUD</b>	CHOCOLATE CAKE & FRESH CREAM (E, MK, SO*, G/W)	ICED VANILLA SPONGE (E, MK, SO*, G/W)	HONEY & RAISIN FLAPJACK (G/B*, O, W*)	BANANA MOUSSE (MK)	CHOCOLATE CHIP COOKIE (E, MK, SO, G/W)
JACKET POTATO   DAILY SALAD BAR   HOMEMADE BREAD   FRESH FRUIT   SELECTION OF COLD DESSERT POTS					

## THEME DAYS



JANUARY 2025



FEBRUARY 2025



MARCH 2025



APRIL 2025

## DATES





 6TH JAN / 27TH JAN / 24TH  
 FEB / 17TH MAR

## ALLERGENS

 CE - CELERY    F - FISH    G/O - OATS    L - LUPIN    MU - MUSTARD    SO - SOYA    \* - MAY CONTAIN  
 CR - CRUSTACEAN    G - GLUTEN    G/R - RYE    MK - MILK    N - NUTS    SU - SULPHUR    V - VEGAN  
 E - EGGS    G/B - BARLEY    G/W - WHEAT    NO - NOLLUSCS    P - PEANUTS    SE - SESAME SEEDS    S - SEASONAL VEG

## WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b> 	<b>BEEF BURGER &amp; HOMEMADE POTATO WEDGES</b> (SE*, SO, SU, G/W)	<b>CHICKEN &amp; TOMATO BASIL PASTA</b> (CE, G/W)	<b>ROAST BEEF &amp; GRAVY</b>	<b>MAKHANI CHICKEN CURRY</b> (MK, G/B*, O*, R*, W*)	<b>BATTERED FISH &amp; CHIPS</b> (F, G/W)
<b>VEGGIE</b> 	<b>VEGETABLE BURGER &amp; HOMEMADE POTATO WEDGES</b> (SE*, G/W) V	<b>TOMATO &amp; BASIL PASTA</b> (CE, G/W) V	<b>THYME &amp; GARLIC ROASTED GUORN</b> (G/W) V	<b>JERK VEGETABLE BURRITO</b> (CE, G/B*, O*, R*, W) V	<b>MARGHERITA PIZZA</b> (MK, G/W)
<b>SIDES</b> 	<b>BAKED BEANS OR COLESLAW</b> (E)	<b>GARLIC BREAD &amp; GREEN SALAD</b> (MK*, SO*, G/W)	<b>RUSTIC ROAST POTATOES &amp; SEASONAL VEGETABLES</b> S	<b>RICE &amp; PEAS WITH SEASONAL VEGETABLES</b> S	<b>BEANS OR PEAS</b>
<b>PUD</b> 	<b>FRUITS OF THE FOREST TRAYBAKE</b> (E, MK, SO*, G/W)	<b>LEMON DRIZZLE CAKE</b> (E, MK, SO*, SU, G/W)	<b>STRAWBERRY MOUSSE</b> (MK)	<b>CHOCOLATE &amp; ORANGE BROWNIE</b> (E, MK, SO, G/W)	<b>FRUIT JELLY</b>

JACKET POTATO | DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT | SELECTION OF COLD DESSERT POTS

## THEME DAYS



JANUARY 2025



FEBRUARY 2025



MARCH 2025



APRIL 2025

## DATES





13TH JAN / 3RD FEB / 3RD  
MAR / 24TH MAR

## ALLERGENS

CE - CELERY  
CR - CRUSTACEAN  
E - EGGSF - FISH  
G - GLUTEN  
G/B - BARLEYG/O - OATS  
G/R - RYE  
G/W - WHEATL - LUPIN  
MK - MILK  
MO - MOLLUSCSMU - MUSTARD  
N - NUTS  
P - PEANUTSSO - SOYA  
SU - SULPHUR  
SE - SESAME SEEDS\* - MAY CONTAIN  
V - VEGAN  
S - SEASONAL VEG

# WEEKLY MENU

 WEEK 1  
 WEEK 2  
 WEEK 3


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b> 	CHICKEN FAJITAS (G/W)	BEEF LASAGNE (E, MK, SO*, G/W)	ROAST CHICKEN & GRAVY	MOROCCAN MEATBALLS & RICE (SO, SU, G/B*, O*, R*, W)	FISH FINGERS & CHIPS (F, G/W)
<b>VEGGIE</b> 	VEGETABLE & BEAN FAJITA (CE, MU, G/B*, O*, R*, W) V	ROASTED VEGETABLE LASAGNE (E*, MK, G/W)	ROASTED VEGETABLE FILO PARCEL & HOMEMADE TOMATO SAUCE (G/W) V	ROASTED QUORN & VEGETABLES WITH TOMATO SAUCE & RICE (CE, E)	VEGGIE SAUSAGE ROLL & CHIPS (MK*, SO, G/B, W)
<b>SIDES</b> 	RICE & SWEETCORN	GARLIC BREAD & GREEN SALAD (MK*, SO*, G/W)	RUSTIC ROAST POTATOES & SEASONAL VEGETABLES S	SEASONAL VEGETABLES S	BEANS OR PEAS
<b>PUD</b> 	CARAMEL APPLE CRUMBLE & CUSTARD (MK, G/W)	RICE KRISPIE CAKE (E, MK, SO, G/B, W)	VANILLA SHORTBREAD BISCUIT (G/W)	CHOCOLATE MOUSSE (MK)	ICE CREAM (MK)
JACKET POTATO   DAILY SALAD BAR   HOMEMADE BREAD   FRESH FRUIT   SELECTION OF COLD DESSERT POTS					

## THEME DAYS



JANUARY 2025



FEBRUARY 2025



MARCH 2025



APRIL 2025

## DATES

 20TH JAN / 10TH FEB / 10TH  
 MAR / 31ST MAR

## ALLERGENS

 CE - CELERY  
 CR - CRUSTACEAN  
 E - EGGS

 F - FISH  
 G - GLUTEN  
 G/B - BARLEY

 G/O - OATS  
 G/R - RYE  
 G/W - WHEAT

 L - LUPIN  
 MK - MILK  
 MO - MOLLUSCS

 MU - MUSTARD  
 N - NUTS  
 P - PEANUTS

 SO - SOYA  
 SU - SULPHUR  
 SE - SESAME SEEDS

 \* - MAY CONTAIN  
 V - VEGAN  
 S - SEASONAL VEG